





BORANG INVENTORI PROJEK PELAJAR

PERKARA	MAKLUMAT INFORMATION
Program <i>Program</i>	DUP
Jabatan <i>Department</i>	PERLANCONGAN DAN HOSPITALITI
Semester/ Tahun <i>Semester/ Year</i>	LIMA
Tajuk Projek <i>Project Title</i>	THORACIC BACKPACK
Jenis Projek <i>Type of Project</i>	INOVASI
Kategori Kluster Penyelidikan <i>Category/ research Cluster</i>	SAINS SOSIAL
Ahli Kumpulan <i>Group member</i>	1. AHMAD IZZUDIN BIN NOR AZIZAN 990223-14-6679 2. YUMNIYANA BINTI ABDULLAH 990919-01-6776 3. SITI FARHANA BINTI SHABUDIN 991222-04-5416 4. SITI NURAWANIE BINTI CHE AWANG 990307-11-5538 5.
Penyelia <i>Supervisor</i>	SITI AISHAH BINTI ABDUL KADIR 770907-12-5006
Penyelia Bersama <i>Co-Supervisor</i>	
Abstrak <i>Abstract</i>	<p>The Thoracic Backpack helps maintain our body posture and reduce back pain suffered from backpackers. This bag is suitable for all ages of group but is more suited for people who like to do backpacking activities. Backpackers will pack all the things they need in the bag to travel and can cause back pain due to carrying more weight on their back. Carrying heavy backpacks will sometimes cause backpackers to lean forward and over time can cause the shoulders to become rounded and the upper back to become curved and there is a chance of shoulders, neck and back pain to ache. The objective of making this bag is to identify the factors that cause back pain and to create a bag that can ease back pain during travelling or doing backpacking activities. The research implemented uses</p>

	quantitative method because it can help identify the number of backpackers who have spinal problem when backpacking. For the data collection, it is conducted using questionnaires. We chose tourists at Bandar Hilir as respondents because Bandar Hilir is one of the most popular tourist attractions. Based on the research, the respondents agreed the Thoracic Backpack can help ease back pain.
Keyword <i>Keyword</i> (max 5 word)	BACKPACK, BACK PAIN, BACKPACKERS
Objektif Projek <i>Project Objectives</i>	1) To identify the factors that cause of back pain. 2) To create a bag that can ease the back pain during travel
Skop Projek <i>Project scope</i>	Backpackers

IP No		
Dapatan <i>Finding</i> (500 words max)	Thoracic Backpack can help ease back pain to backpackers	
Cadangan untuk kerja-kerja akan datang <i>Suggestion for future work</i> (500words)	To make a variety colour of bag and variety of size	
Gambar berkaitan projek <i>Picture related to project (700kb)</i>		
Rating/Level	JABATAN	

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Borang ini perlu diisi oleh pelajar dan dihantar kepada penyelia/ penyelaras projek dalam bentuk hardcopy dan softcopy (borang LAMPIRAN J) dan gambar hasil projek dalam format jpeg/bitmap) bersama laporan akhir dan hasil projek.

